



## St Mary's CoE Primary School, Dover

### PE Long Term Plan - 2025-2026



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Year R</b>	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Gymnastics (Unit 1)	Dance (Unit 1)	Ball skills (Unit 1)	Games (Unit 1)
<b>Year 1</b>	Fundamentals	Dance	Gymnastics	Ball Skills	Striking and Fielding	Athletics
	Fitness			Target Games	Net and Wall Games	Team Building
<b>Year 2</b>	Fundamentals	Dance	Gymnastics	Ball Skills	Striking and Fielding	Athletics
	Fitness			Target Games	Net and Wall Games	Team Building
<b>Year 3</b>	Fundamentals	Dance	Gymnastics	Ball Skills	Athletics	Cricket
	Fitness			Basketball	Tennis	OAA
<b>Year 4</b>	Fundamentals	Dance	Gymnastics	Hockey	Athletics	Cricket
	Fitness			Netball	Tennis	OAA
<b>Year 5</b>	Fitness	Swimming	Gymnastics	Dance	Football	Rounders
	Athletics				Tennis	OAA
<b>Year 6</b>	Swimming	Fitness	Gymnastics	Dance	Football	Rounders
		Athletics			Tag Rugby	OAA