

**ST MARY'S CHURCH OF ENGLAND
(Aided) PRIMARY SCHOOL, DOVER**

EXECUTIVE HEADTEACHER:
Mrs Helen Comfort
(B.A.Ed.Hons, NPQH)

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'Learning for life with God as our guide'



4th September 2025

Dear Parents/Carers,

We are very pleased to announce that our children will be continuing with our Forest School sessions throughout this academic year. The sessions will be run by our Forest School specialist, Ms. Liz Cooke and will be held in our Forest School within the school grounds.

Forest School is an inspiring process, a specialised approach to outdoor learning that aims to develop confidence and self-esteem through hands-on learning in the outside environment.

To enable the children to be comfortable, dry and warm during these sessions we ask that they are provided with Forest School clothing to wear on their allocated days. This should include a **long-sleeved t-shirt or top** as well as **long trousers or leggings** as well as a **coat or jacket**. As the children will be completing a variety of activities outside, **old clothes** would be very appropriate! As well as clothes, we would be grateful if the children could also bring an **old pair of trainers or wellies** for their session.



Any colour long-sleeved top



Jogging bottoms or leggings



Wellies or old trainers



Coat

Forest School sessions will run throughout the year and as the weather will become cooler in the future months it is essential that the children are warm and that they also have dry clothes to change back in to after their session, if needed.

If your child's class is attending Forest School for the **morning session**, they should come to school in their Forest School clothes and bring their uniform in a bag to get changed into before lunch.

If your child is attending the **afternoon session** they should bring their Forest School clothes with them in a bag ready to get changed into before lunch.

Please see below the dates and timings of the term 1 Forest School sessions:

Forest School Term 1 2025-26			
		Morning	Afternoon
Term 1	Friday, 12 th September 2025	Class 1	Class 4
	Friday, 19 th September 2025	Class 3	Class 2
	Friday, 26 th September 2025	Class 5	Class R
	Friday, 3 rd October 2025	Class 6	Class 1
	Friday, 10 th October 2025	Class 4	Class 3
	Friday, 17 th October 2025	Class 2	Class 5
Half Term Holiday			

We thank you in advance for your co-operation and support. If you have any questions, please do not hesitate to speak to your child's Class Teacher.

Kind Regards,



Mrs Wallis
Assistant Head of School